

Frequently Asked Questions – Same Day Wisdom Teeth Surgery Under Sedation

Q. *Is Same Day Wisdom Teeth Surgery right for me?*

A. Some patients have had friends or family members who have gone through extractions of their wisdom teeth and have a better understanding of the preparation, the process, and the recovery. Same Day Wisdom Teeth is designed for patients who have a strict timeline and have limited time off for school or work. By offering Same Day Wisdom Teeth Surgery, you will still have a consultation prior to the procedure to answer your questions. If you do not feel comfortable with this process, the receptionist can schedule you with a separate consultation before you decide to schedule your procedure.

Q. *What if I prefer to meet and see my surgeon ahead of time as a separate appointment?*

A. At CVOS Oral Surgery, we pride ourselves in being flexible to accommodate your questions or concerns. There are two options to meet your surgeon:

1. You can have a separate consultation appointment in the office with your surgeon before you decide on scheduling your procedure.
2. You can have a virtual consultation appointment with your surgeon via Zoom on your computer at home before you decide on scheduling your procedure.

Q. *I have dental insurance. How much does it cost to have Same Day Wisdom Teeth Surgery?*

A. Your dentist will have forwarded your referral and x-ray to CVOS Oral Surgery. A surgeon will review your x-ray in advance and determine if it is up to date so that an estimate can be created. If you have insurance, this can be submitted in advance. The surgeon will have the appropriate insurance codes for your consultation and individual wisdom teeth as well as the insurance codes for your sedation and medications. You will receive the estimate for your surgery ahead of time.

Q. *Is the cost of the consultation deducted from the cost of the surgery?*

A. No. CVOS prides itself on the consultative approach our surgeons take to ensure patients are fully aware of their surgical and non-surgical treatment options. This includes taking the time to walk patients through what to expect from these options given their individual medical backgrounds and any conditions that may affect a treatment outcome. Patients also have an abundance of opportunities to ask their surgeon any questions they may have regarding the various treatment options provided. This consultation has been found by patients to be a highly valuable and information experience and is a service in itself that patients benefit from.

Q. *How much lead time do I need to be a candidate for Same Day Wisdom Teeth Surgery?*

A. CVOS Oral Surgery will require a recent panoramic x-ray within a year. It will also depend on if your insurance company has replied to you regarding your estimate. Some patients do not have insurance, or they are not concerned about their estimate and can book as soon as our schedule permits. Otherwise you will have to wait until you receive the reply from your insurance company before scheduling your surgery.

- Q. *Is my case too complicated for Same Day Wisdom Teeth Surgery?*
- A. Your surgeon will assess your x-ray in advance to determine if you are a candidate for Same Day Wisdom Teeth Surgery. If your case is determined to be more difficult or has higher risks that can be assessed on the x-ray, additional imaging may be required. In a complicated case of wisdom teeth you will have a separately scheduled consultation to meet with your surgeon.
- Q. *What if I have questions regarding my surgery?*
- A. You will receive an email with the pre-operative and post-operative instructions along with a brochure that shows you general information regarding wisdom teeth. Your surgeon will discuss your wisdom teeth surgery with you at the beginning of your appointment. Any questions can be answered during that time.
- Q. *What if I have medical issues? Am I a candidate for Same Day Wisdom Teeth Surgery?*
- A. If you are in good health with no medical problems, you are likely a candidate for Same Day Wisdom Teeth Surgery. A comprehensive medical history will be taken prior to your appointment by phone. If you are unsure about your health history and wisdom teeth surgery, please schedule to meet or see your surgeon ahead of time as a separate consultation appointment in person or via a Zoom virtual consultation.
- Q. *What do I have to prepare in advance to have Same Day Wisdom Teeth Surgery Under Sedation?*
- A. You MUST be fasting for 8 hours before your scheduled procedure. That means no food and no water. You MUST have a responsible adult who can be at the office during your appointment to take you home. You will receive an email in advance with the pre-operative instructions, post-operative instructions along with a brochure that discusses general information regarding wisdom teeth.
- Q. *How long will my wisdom teeth surgery last?*
- A. Every patient is different but typically the surgery itself can last between 30-45 minutes depending on the level of difficulty of your case. Expect to be in the office for approximately 1h30mins as it takes time to set up and to recover in the office before you go home.
- Q. *Will I be put to sleep for my wisdom teeth surgery?*
- A. You will be sedated for your surgery which is considered being put to sleep. This type of sedation means you are unaware of what is happening and are breathing on your own the entire time. In order to be sedated for your surgery, you MUST be fasting for 8 hours before your scheduled procedure. That means no food and no water. You MUST have a responsible adult who can be at the office to take you home.
- Q. *What drugs do you use for sedating patients?*
- A. All CVOS surgeons are fully qualified and licenced to administer a variety of sedation drugs. The specific drugs used depend on a patient's age, medical history, and the individual surgeon's preference. Common drugs used include Versed and Fentanyl (delivered via IV), Propofol, and Ketamine. Dexamethasone is also used to reduce swelling.

- Q. *Why do I need freezing if I'm being put to sleep for my wisdom teeth surgery?*
- A. In addition to being sedated (aka asleep) for your wisdom teeth surgery, local anesthesia (aka freezing) is given to the areas of the wisdom teeth so that as you wake up from your procedure there is no pain. The freezing lasts for approximately 2 hours which will give you time to get home to settle in.
- Q. *Will there be an anesthetist or anesthesiologist?*
- A. All CVOS surgeons are fully qualified and licenced to administer a variety of sedation drugs.
- Q. *Will I feel anything during my surgery?*
- A. Whether or not you feel anything depends on whether you choose to be sedated for your procedure. If you are sedated, you will not be aware of what is going on and therefore will not feel anything. If you choose a local anesthesia (i.e. "freezing"), you be aware of what your surgeon is doing but the freezing of the affected area will prevent you from feeling any pain resulting from the removal of your tooth/teeth.
- Q. *Can I take my own medication to relax before my surgical appointment?*
- A. No. All patients must be able to provide consent prior to their surgery. We are unable to consider consent provided by a patient who has take any form of medication for relaxation as valid. Patients who arrive for their surgical appointments having already taken such medication will have their surgical appointment rescheduled. Patients who expect to feel nervous or anxious prior to their surgery should discuss how to appropriately address this when speaking with the surgeon during the consultation.
- Q. *Do I need to get anything ready after my surgery?*
- A. You will receive an email in advance with the pre-operative instructions, post-operative instructions along with a brochure that discusses general information regarding wisdom teeth. All the post-operative supplies will be given to you so that you can take care of the healing wisdom teeth sites. It is also strongly recommended that you have either a flexible ice pad or bag of frozen peas on hand for icing down the affected area upon arriving home. It is advisable to have softer food at home during the first few days after your procedure until you feel comfortable enough to advance your diet to regular food.
- Q. *What should I expect from the recovery process?*
- A. You should expect to take a minimum of 3-4 days off where there is no strenuous activity, no heavy lifting or exercise to recover from your surgery. Many patients, however, find a full week is appropriate so please plan accordingly. During the recovery process from wisdom teeth extractions there is a progressive increase in swelling of the cheeks along with stiffness of your jaws for the first few days before it gets better. During this time you will be eating softer foods until you feel comfortable enough to increase your diet to regular food.
- Q. *Is there a follow up appointment?*
- A. Currently during the pandemic there is no follow up appointment that is scheduled as most patients heal uneventfully after their wisdom teeth extractions. You will receive a phone call the day after surgery to see how you are doing and if there are any problems during the week, our



office is open and available during office hours for guidance and follow up if necessary. If problems or concerns happen after hours and you feel it is urgent or an emergency, there is an on-call surgeon who can help you.